



H HOULIHAN'S

Gluten Sensitive Menu

We offer gluten-free buns and flatbreads as well as modifications to many menu items for guests looking to reduce gluten in their diets.

Note that while we offer gluten-free products, we are not a gluten-free environment. Our kitchens do not have a separate prep surface, cook tops or equipment to ensure gluten particles do not come in contact with gluten-sensitive dishes. Chefs prep and cook to order in common areas, and menu items may come in contact with other food products.

STARTERS

LOADED GUACAMOLE pineapple salsa, cotija cheese

HOUSE SALAD bacon, corn, croutons, choice of bleu cheese or cheddar & ranch or balsamic vinaigrette (Request this item without croutons or cheese)

CAESAR SALAD chopped romaine, garlic herb croutons, romano cheese (Request this item without garlic croutons)

SOUPS

CHICKEN TORTILLA SOUP with naturally lean chicken & anaheim chiles

FLATBREAD *Sub a gluten-free crust for an upcharge*

MARGHERITA FLATBREAD^v tomatoes, basil, fresh mozzarella, marinara

BBQ CHICKEN FLATBREAD red onions, cilantro, pepper jack, romano and cheddar cheese, sour cream drizzle

HANDHELDS *Sub a gluten-free bun for an upcharge*

HOULIHAN'S BURGER* crisp lettuce, tomato & red onion on a toasted bun with choice of side (Request this item without the bun or with a gluten-free bun)

HOUSEMADE VEGGIE BURGER black and tuscan beans, brown rice, sweet potato, jalapeños, garlic ranch dressed greens, tomato, choice of side (Request this item without the bun or with a gluten-free bun)

BRENTWOOD CHICKEN SANDWICH applewood smoked bacon, gouda cheese, dijon mayo, baby greens, tomato & red onion on a buttered, toasted bun with choice of side (Request this item without the bun or with a gluten-free bun)

ENTRÉE SALADS

KALE + SPINACH SALAD[†] organic greens, blueberries, blackberries, strawberries, toasted almonds, goat cheese, poppyseed dressing. Add grilled chicken or Atlantic salmon for an upcharge.

HEARTLAND GRILLED CHICKEN SALAD[†] bacon, cheddar, spicy pecans, red onions, red peppers, garlic ranch. Add grilled chicken or Atlantic salmon for an upcharge. Request this item without croutons.

ENTRÉES

SEARED GEORGES BANK SCALLOPS wild-caught sea scallops, lemon-asparagus risotto, baby arugula, basil-infused olive oil

PREMIUM STEAKS*

12 OZ. KANSAS CITY STRIP

5 OZ. USDA TOP SIRLOIN

4 OZ. PETITE CENTER-CUT FILET MIGNON

6 OZ. CENTER-CUT FILET MIGNON

GRILLED ATLANTIC SALMON* (5oz.) basted with lemon-dill butter and served with honest gold mashers and choice of vegetable

SIDES

HONEST GOLD MASHED POTATOES | TORTILLA CHIPS & HOUSEMADE SALSA | GARLIC GREEN BEANS
BAKED POTATO | FRENCH FRIES | FRESH FRUIT

DESSERT

HOUSEMADE VANILLA BEAN CRÈME BRULEE
French-style custard topped with caramelized sugar

Meatless items are indicated with a "v."

[†] We use nuts and nut based oils in these menu items. If you are allergic to nuts or any other foods, please let us know.

* Contains or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.